



**ESSENDON FOOTBALL CLUB**  
**VFL Strength & Conditioning Coach**

**Part-Time Fixed Term Contract December 2015 to September 2016**

Essendon Football Club has a reputation as a leader in the Australian sports industry and we are committed to our vision of being recognised as the most respected, inclusive and successful sporting club in the country, consistently setting the benchmark both on and off the field. We currently have a fantastic opportunity for a VFL Strength & Conditioning Coach to 'Don the Sash' and join our Football Performance Team based at our state of the art club headquarters at Melbourne Airport.

**The Opportunity**

Reporting to the VFL Operation Manager, this part time role will be responsible for monitoring and supervising players in the VFL. The primary focus will be to assist with the conditioning and cross training of all VFL Players as well as provide input to the physical preparation program. The role will also contribute to nurturing player development and will actively monitor player wellbeing.

You will be required to work 3 evenings a week to facilitate training session with the VFL Players as well as attend every Game Day.

**What we're looking For**

To be considered for the role, candidates must have the following essential skills and experience:

- Completed or in their final year of Bachelor of Exercise Science (or equivalent)
- Accredited ASCA Level I (or completing)
- Strong background in a sport (at an elite or high level);
- Exposure to designing and implementing athlete development programs and plans;
- Demonstrated in-depth understanding of the on and off field requirements of elite athletes;
- Strength in coaching, teaching and communications skills;
- Strong IT skills with an ability to use a range of high performance software and interpret data;
- Capable of working a wide array of hours with a varying time schedule to suit the seasonal priorities of the football industry; and
- Permanent Residency in Australia, or appropriate visa to work permanently.

**To Apply**

To apply, please email a cover letter along with your resume to [recruitment@essendonfc.com.au](mailto:recruitment@essendonfc.com.au). Position description is available by request.

**Applications close 5pm, Tuesday 8<sup>th</sup> December 2015.**

Please note that this role will be subject to background checks.