OFFICIAL MAGAZINE OF THE FREMANTLE DOCKERS FOOTBALL CLUB



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The Freo family album



# A UNITED BACK

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woodside

FIERCE AND FEARLESS Grover retires



8 156

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Johnny 'the Doc' Docker's page of activities



# **PURPLE POCKET**

# A look at the Freo family album...



#### A LIL' RAY OF 'SON-SHINE'

Michael Walters, with his partner Marnie Tyers and their 7-month-old daughter Layla, celebrates a win over the Tigers in round 21. $\ddagger$ 



**MY UNCLE DAVE...** Dave Mundy had a photo with his number 1 fan following the round 11 game against Richmond... his nephew, Darby Bishop.‡



THE SUTCLIFFE SIBLINGS

Cam Sutcliffe had plenty of support at Patersons Stadium for his debut against the Western Bulldogs in round 15, including his sister Felicity and his brothers Ben, left, and Corey.¢



#### **RYAN CROWLEY'S CLAN**

There was no doubting the support for 'Crowls' at our round 11 match against Richmond at the MCG. $\updownarrow$ 



**ME AND MY BIG BRO...** Following the round 14 game against Collingwood, a handful of players stayed over in Melbourne to run a clinic at Doncaster Heights JFC.

On the day, there was a small shadow that Zac Clarke couldn't escape... that of his younger brother Oscar.¢



#### "LOOK DADDY, IT'S YOUR FRIEND 'GROVES'"

Michael Johnson's children Levi and Ameliah, point out his retiring teammate on the thank you poster.‡



#### **CATCHING UP IN ADELAIDE**

While in Adelaide for the round 20 clash against the Crows, Lachie Neale took the opportunity to catch up with his family for lunch.‡



#### SUPPORT FOR SHERIDAN

Round 23 was a memorable one for the Sheridan family as Tom made his debut for the club. It was great to see him run out in the number 11 guernsey, previously worn only by Des Headland and Dale Kickett.‡

# FROM THE FREO twitter SPHERE



# <text>

ISC

2013 membership correspondence will be heading your way in October.

So look out for your membership pack and card in the post. To activate your membership card, simply pay for your 2013 membership and you've secured your reserved seat!

Matthew Pavlich Club Captain

# **AND HERE'S YOUR CHANCE** TO WIN



Simply pay for your 2013 Membership Package online before 30 November, 2012 and you'll go in the draw to win a home theatre system worth \$5000. Just log in to your account at membership.fremantlefc.com.au and follow the prompts. Online payments will commence in October and we'll send you an email so you don't forget!

#### You can also win if you pay via a payment plan.

Freo Advantage is a payment option that takes the effort out of paying your membership each year, and it comes in two easy options:

- 1. A one-off annual payment made in November of each year
- 2.12 equal monthly payments made on the 17th of each month. Plus \$5.00 administration fee.

These payments will be automatic, so you don't need to worry about completing paperwork each year. You will simply receive a letter advising you that your membership is ready to rollover, with the option of opting out. We'll handle the rest!

### Why not add value to your membership with these great extras!

#### 2013 Member Cap and Scarf Offer



Exclusive offer for 2013 Freo Dockers' members - get your hands on a 2013 member cap and scarf for \$17 each, including postage.

#### Sirens Membership



For female Freo fans. Consider joining the Freo Dockers Sirens. Enjoy exclusive merchandise and events in the company of like-minded ladies and build life-long friendships.

#### **Purple Paws Membership**



Sign your animal companion up for a Freo Dockers Purple Paws Membership. They may not be able to come to the game but they can share in the passion with some great merchandise!

#### **Cheer Squad Membership**



The Freo Dockers Cheer Squad is not for the faint hearted. If you live and breathe all things purple, then we need you. Join the cheer squad in block 115 and lead the

passionate Freo crowd from behind the goals.

#### **Docker Tots Membership**



Sign your bouncing baby boy or girl up to be a Freo Docker for life! They will receive exclusive Docker Tots merchandise as well as a birthday card every year up until they turn four.

#### **Grand Final Upgrade**



Purchase a grand final upgrade to guarantee your ticket at the MCG should Freo make it to the 2013 Toyota AFL Grand Final.

\*Limited to 6,000 members only.

#### **2013 Premium Grand Final Package** \$1795



Purchase a 2013 Grand Final Package to secure your seat at the 2013 Toyota AFL Grand Final plus an invitation to an exclusive pre-game function to get you ready for the clash of the year. \*Limited to 100 members only.

#### **Friends of Freo**



Sign up to Friends of Freo and your donation will brighten a young person's life and grant them a ticket to a Fremantle Dockers home game.









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LACHIE NEALE'S DEBUT came under the spotlight of Friday night football at Etihad Stadium against Ross Lyon's old side, St Kilda, in round 4.

The young South Australian recruit had to wait until the third quarter to enter the play after starting as the sub, but he jumped straight into the action.

Neale had seven handballs, four of them contested possessions, and he helped Freo see out a memorable 13 point victory in a pulsating match.

The 18-year-old kicked his first goal in round 8 against Hawthorn in Tasmania and showed enough throughout the season to suggest he will be an important member of Freo's midfield in the years to come.



Spurr had six disposals after coming on as a sub in the third guarter and Freo enjoyed a thrilling seven-point win over the Suns.

He played three consecutive games and was then out of the side until round 16, when Antoni Grover hurt himself in the warm-up before the game against Melbourne at Etihad Stadium.

Spurr was rushed into the line-up and made the most of his opportunity with a brilliant 19-disposal, 11-mark effort across half-back.

The rookie-listed Queenslander, who played in two premierships in the SANFL before joining Freo, became a permanent fixture in the back six after that performance.



# CAMERON SUTCLIFFE DEBUT

SUTCLIFFE FORCED HIS way into the Fremantle team with a string of classy performances for East Fremantle in the WAFL.

He debuted against the Western Bulldogs in round 15 with 15 disposals, five marks and four tackles.

Sutcliffe started as the sub for Freo's next three matches and on each occasion he collected an impressive amount of the ball in the short time he was on the field.

He also showed he could use the ball well, too, and Freo appears to have found a draft steal considering Sutcliffe was the 71st pick in 2011's AFL National Draft.

# HAYDEN CROZIER DEBUT

CROZIER PLAYED HIS first AFL game against the Adelaide Crows at Patersons Stadium in round 10. He made an instant impact coming on as a sub by grabbing a flying intercept mark and winning a holding-the-ball free kick with his first few efforts.

He ended up with three disposals as Freo lost by 29 points. A week later, Crozier played an important part in one of the club's best wins of the season.

Starting as the sub again, Crozier was called into action early in the first quarter against Richmond at the MCG after Aaron Sandilands had to be subbed off with a toe injury.

He had 16 disposals in wet conditions and showed he was a player to look out for in the future.





# TOM SHERIDAN DEBUT

TOM SHERIDAN MADE his AFL debut in the very last game of the home and away season and impressed immediately with his relentless attack on the ball after coming on as the sub.

He won a 50m penalty and was in everything early on, finishing with five disposals and a tackle. "It's so much fun," he said after the game. "It was physical and hard. It was tough to get loose, so I just ran my guts out."

If Sheridan can continue to improve, as he did in 2012, he should expect to see more time in the senior side in 2013.

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Luke McPharlin and Michael Johnson have been driving forces behind Fremantle's emergence as a defensive powerhouse in 2012. Swingmen throughout their careers, they're settled with life and football right now. Story: Costa Kastanis

1000

UKE MCPHARLIN and Michael Johnson are football's nice guys. Well spoken family men who treat all those around

them with dignity and respect. But, once they cross that white line,

they're not all that nice. They're the leaders of a Fremantle

Dockers defensive unit that laid the foundation for the club's return to finals action in 2012.

They have differing roles on game day.

McPharlin is charged with containing the very best forwards the AFL has to offer.

Johnson is given more of a leash, often allowed to roam the half-back line as the loose man in defence.

But until 2012, they've never had the opportunity to establish a rapport in the same 50m arc.

"I can't recall a time when we have played together in defence for the whole season," McPharlin says.

"There have been times when we have, for a short duration, but given the fact that we have both been used as swingmen over the journey, 'Johnno' might be playing forward and I will be playing back.

"I'll get switched forward, he'll move back.

"So to play with 'Johnno' for the entire season and to both play our role together has certainly been a good experience."



#### **MR FIX-IT**

After being Freo's Mr Fix-it in recent years, Johnson has also enjoyed the stability of his role this season.

"In the past couple of seasons I have been playing a bit of ruck and forward roles," he says.

"There's other years when I have played in the backline and pushed forward and tried to kick a couple of goals.

"Coming into this season I wanted to find some form and cement a spot in one position."

McPharlin, in his 13th season, is in the twilight of his AFL career. Johnson is in his eighth. Both agree that 2012 has been at least equal to the best season in their careers and credit fitness as a major part of that.

"I think I have been able to play as good football as this in the past but I haven't been able to put it together for the entire season due to injuries that have interrupted the season," McPharlin says.

#### SHATTERED

The sight of a shattered McPharlin with head in hands on the interchange bench after suffering a hamstring injury in round 23, a week before the club's final against Geelong, proves that nothing is fair in football.

That takes nothing away from what has been an All Australian-worthy season from the Freo veteran.

Johnson has had to fight his way back into the side to enjoy what he rates as the best season in his career following a well publicised clubimposed suspension in 2010.

Just recently, a couple of teammates reminded him that the Elimination Final against Geelong was his 56th consecutive game since returning.

"I know after that suspension, it took a lot out of me. Back then, I wanted to put it all behind me and work on getting the trust of the players, the club and the supporters back," Johnson says.

"I guess I can look back on my career and say that I have played these games all in a row.

"It's a good achievement for myself, so hopefully I can keep ticking on."

#### PASSIONS

The friendship between McPharlin and Johnson has grown through two common passions.

One is their families - McPharlin is a father of two, while Johnson has three children.



The other is football, and each man credits the other for their excellent performances in 2012.

"I really enjoy playing with Michael because he knows the structures inside out, he knows what is required," McPharlin says.

"We also communicate well with each other. We know how each other operates and how we prepare and, certainly on game day, we work together pretty well."

"To have Luke back there, he just sets us up really well," Johnson says.

"He takes the best forward, which allows the other defenders to play on and work off our players and help him out as well."

#### CRUCIAL

The man both say has been crucial, not just for their own fine seasons, but also in lifting the entire club, is Ross Lyon.

"He came here with a very strong game plan and a method of how to elicit an elite culture from this playing group and he has really delivered on that," McPharlin adds.

"The club is still learning what it means to be a truly elite club and work in an elite environment and that's what Ross continually drives.

"I think over the journey this year, the playing group is certainly getting closer to that goal, and hopefully in the years ahead, that will continue."

#### LYNCHPINS

For now, Freo's backline lynchpins plan on making the most of the opportunity to play together and help the club attain sustained success.

"I think this year in particular has been a really enjoyable year in the sense that the entire team, not just the back six, but the entire team has been defending really well when we haven't got the ball," McPharlin says.

"As an entire unit, I think this team has been a very strong one."

Johnson echoes his teammate's thoughts.

"The whole team back there, it's been really close and, hopefully, we can keep doing what we've been doing and be known as one of the best defensive groups in the competition."  $\downarrow$ 

> WE ALSO COMMUNICATE WELL WITH EACH OTHER. WE KNOW HOW EACH OTHER OPERATES AND HOW WE PREPARE AND, CERTAINLY ON GAME DAY, WE WORK TOGETHER PRETTY WELL



# Member update on our elite training and administration project

At the time of going to print no decision had been reached on the plans and the preferred location for the club's new elite training and administration facility. The update below was sent to members on Friday 10 August and posted on the club's website.

INCE 2009, the Fremantle Football Club has been working diligently on a plan to improve its training and administration facilities, with the strategic aim of ensuring that the club is best placed to serve its players, staff, members, supporters and the community for the long-term.

Developing a modern and world class training and administration facility is a key component of the club's strategic plan, and is in accordance with the club's stated aim of achieving sustained success on and off the field.

When the club officially opened its current training and administration facility at Fremantle Oval in November 2000, the facilities were regarded as one of the benchmarks for club facilities in the AFL. However, given the advances in the past decade nationally and internationally in technology and sports science, and an increase in the competitive landscape of the AFL, the club's facilities are now well behind the AFL benchmark.

As part of the club's endeavours to address this issue, the club, in collaboration with the City of Fremantle, South Fremantle Football Club, the AFL and the Department of Sport and Recreation, developed a detailed master plan for the Fremantle Oval Precinct between 2009 and 2011.

The aim was to not only develop new elite training and administration facilities but also to provide greater engagement opportunities for members, supporters and the community.

In accordance with the due diligence process

established by the club's board and prior to finalising the master plan for the Fremantle Oval Precinct in late 2011, the club identified a short list of potential alternative sites within the greater Fremantle area for the location of its new elite training and administration facility (ETAF).

The board attached considerable importance to assessing alternative sites as part of the process to ensure that the club achieved the best possible outcome for the club and all Fremantle Dockers' members and other key stakeholders for the future.

The alternative sites identified included a green fields site in the City of Cockburn, which is adjacent to the suburb of Success and known as Cockburn Central West.

The site, bounded by North Lake Road,

Midgegooroo Avenue, Beeliar Drive and Poletti Road, is highly accessible being 500m from the Cockburn Central train station and close to the Kwinana Freeway.

Recent developments in the area include substantial commercial and residential projects, including high density housing and retail precinct, and the \$38 million Cockburn Integrated Health and Community Facility.

Since November 2011 the club has conducted further analysis and held additional discussions with stakeholders, including the City of Fremantle and the City of Cockburn, to investigate its ETAF development options at the Fremantle Oval Precinct and the potential for a development at the Cockburn Central West site.



At the club's July board meeting, the board resolved that the club work through land access, land tenure and funding mechanisms to determine whether the Cockburn Central West site presented a compelling case to be considered as a genuine alternative location for the new ETAF.

"The club has made no firm decision on a site for its new training and administration facility, and any such decision will be made only after continued rigorous assessment of the site options by the board," Fremantle Dockers' president Steve Harris advised members in early August.

Harris said that the club was pleased with the collaborative approach of both the City of Fremantle and the City of Cockburn throughout the process to date.

"The club is fortunate to have outstanding development options available at the Fremantle Oval Precinct and the Cockburn Central West site, that both present opportunities for the club to significantly improve its football, administration, commercial and community facilities and the level of service and access it provides to members, supporters, sponsors and the community," he said.

"The proposed new facilities at both the Fremantle Oval Precinct and the Cockburn Central West site include the provision for larger football and administration facilities, indoor training centres/ community recreation facilities, aquatic recovery facilities, multimedia centres plus community meeting rooms and lecture theatres.

"The board further resolved that if a compelling case to relocate its ETAF to Cockburn Central West was proven in the future, the club would continue to maintain a presence at Fremantle Oval and would look to work with the City of Fremantle to develop this plan."

Harris also advised members that, "we will continue to keep our stakeholders and members informed of the due diligence process as this very important and strategic project progresses." \$

#### PERTH STADIUM MASTER PLAN

THE STATE GOVERNMENT has released details of the master plan for the New Perth Stadium and the surrounding sport and recreation precinct.

On Friday 24 August, Premier Colin Barnett provided a briefing on the key elements of the master plan that will deliver an integrated Burswood precinct, including a new pedestrian bridge to deliver fans from East Perth directly to the heart of the new stadium.

"The Burswood Peninsula location is a unique site that allows for the construction of the best stadium in Australia, along with an expansive sports and entertainment precinct for all West Australians," the Premier said.

In developing the master plan for the Burswood sports precinct, the following key principles were reflected:

- integrating land use and transport planning
- design flexibility, allowing for future major events at the new stadium
- stadium designed as a multi-purpose venue
- further developing Perth as a "river city".

Sport and Recreation Minister Terry Waldron said in order to design a stadium which catered for the fans first, the master planning process had included input from a wide range of stakeholders, including the sporting bodies that would use the stadium.

"With careful planning, the State Government is ensuring the delivery of a world-class stadium in a sports precinct, which will provide sport and recreational opportunities for the whole year, not just on major event days at the venue," he said.

The Government also provided a briefing to the AFL Commission, including AFL CEO Andrew Demetriou and AFL Chairman Mike Fitzpatrick, who said of the stadium development projects in the past few years, including Adelaide Oval, Gold Coast and Skoda Stadium, the proposal for the New Perth Stadium was the stand out.

"We've been involved in quite a few similar projects over the last couple of years... and we have to say this project looks like being one of the most outstanding we've seen," Fitzpatrick said.

Demetriou commended the Premier and West Australian taxpayers for the "outstanding gesture" describing it as "a state of the art stadium that will be a completely new experience".

"This is a significant amount of money but it will be worthwhile... it's a huge commitment and it's going to leave a magnificent legacy in this State," he said.

# In the remantie Oval Precine of the remantie

#### FACT FILE

- Master plan provides planning framework for sports precinct at Burswood Peninsula
- Plan embraces context of wider metropolitan Perth
- Objective to develop new Perth stadium within sports
  precinct by 2018
- Pedestrian bridge across Swan River from plaza level of new stadium to landing point south of Nile Street, East Perth
- Landing site preferred ahead of previously-considered Claisebrook

Fremantle Dockers Football Club





#### ROUND 14 v COLLINGWOOD Saturday 30 June 2012, 1.45pm MCG, crowd 44,891

Fremantle	0.2	2.6	6.6	12.6	(78)				
Collingwood	3.2	6.7	10.13	15.17	(107)				
Goals: Pavlich 5	Ľ	Disposals: Barlow 37							

*Goals:* Pavlich 5 *Marks:* Johnson 10 *Subbed in:* Pitt *Disposals:* Barlow 37 *Tackles:* Lower 9 *Subbed out:* Neale



#### **ROUND 13 v ESSENDON** Saturday 23 June 2012, 5.40pm Patersons Stadium, crowd 34,567

Fremantle	6.1	8.2	14.4	14.5	(89)
Essendon	5.2	10.4	13.5	17.11	(113)

Goals: Mayne 4, Pavlich 3Disposals: Lower 30Marks: Pavlich 11Tackles: Lower 8Subbed in: PittSubbed out: CrichtonMilestone: Luke McPharlin 200 AFL games



#### **ROUND 15 v WESTERN BULLDOGS** Sunday 8 July 2012, 2.40pm Patersons Stadium, crowd 30,420

Fremantle	2.3	4.7	10.10	14.11	(95)
Western Bulldogs	1.2	4.4	7.6	8.9	(57)
	-		(		

*Goals:* Pavlich 6 *Marks:* Pavlich, McPhee 10 *Subbed in:* Duffield *Debut:* Cameron Sutcliffe *Disposals:* Pearce 23 *Tackles:* Barlow, Pearce 7 *Subbed out:* Grover





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#### ROUND 16 v MELBOURNE Saturday 14 July 2012, 1.45pm Etihad Stadium, crowd 13,284

Subbed in: Sutcliffe

Fremantle	3.2	6.5	11.6	18.9	(117)			
Melbourne	6.4	8.6	12.7	12.11	(83)			
<i>Goals:</i> Pavlich 4 <i>Marks:</i> McPharlin 15	<i>Disposals:</i> Mundy 27 <i>Tackles:</i> de Boer 8							

*Tackles:* de Boer 8 *Subbed out:* Broughton



#### ROUND 18 v PORT ADELAIDE Sunday 29 July 2012, 12.40pm AAMI Stadium, crowd 14,583

Fremantle	5.2	6.7	9.9	11.9	(75)
Port Adelaide	1.2	1.3	2.7	6.12	(48)

Goals: Mayne, Pearce, Pavlich 2 Disposals: Fyfe 26 Marks: McPharlin 13 Subbed in: Sutcliffe

*Tackles:* Barlow 7 *Subbed out:* Walters



#### ROUND 17 v GREATER WESTERN SYDNEY Sunday 22 July 2012, 2.40pm Patersons Stadium, crowd 28,767

Fremantle	6.1	8.14	14.18	18.24	4 (132)
GWS	0.2	0.3	4.5	5.7	(37)
	,	<u>.</u> .	(	2	

*Goals:* Pavlich 7 *Marks:* McPharlin 16 *Subbed in:* Sutcliffe *Disposals:* Pearce 24 *Tackles:* de Boer 7 *Subbed out:* Mundy



#### **ROUND 19 v WEST COAST** Saturday 4 August 2012, 2.40pm Patersons Stadium, crowd 39,694

Fremantle	4.2	7.6	15.9	17.11	(113)				
West Coast	1.5	1.10	5.11	6.12	(48)				
Goals: Pavlich 8	Disposals: Fyfe 28								
Marks: Pavlich 9	Tackles: Duffield 7								
Subbed in: Roberton	S	ubbed	d out: D	awson					



#### ROUND 20 v ADELAIDE Saturday 11 August 2012, 1.40pm AAMI Stadium, crowd 35,027

Fremantle	3.3	7.4	10.5	14.7	91
Adelaide	4.5	7.8	12.15	17.17	119
<i>Goals:</i> Walters 3 <i>Marks:</i> Spurr 10 <i>Subbed in:</i> Neale	7	ackles	als: de :: de Bo 1 out: N	er 11	2



#### ROUND 22 v NORTH MELBOURNE Sunday 26 August 2012, 3.15pm Etihad Stadium, crowd 26,482

Fremantle	3.5	6.7	11.10	20.12	132
North Melbourne	1.2	5.4	8.7	12.7	79

Goals: Ballantyne, Walters 4Disposals: Pearce, Barlow, Hill 28Marks: Johnson 10TackSubbed in: SubanSubb

ill 28 *Tackles:* Mundy 8 *Subbed out:* Bradley



#### ROUND 21 v RICHMOND Saturday 18 August 2012, 2.40pm Patersons Stadium, crowd 32,721

Fremantle	3.4	7.8	10.12	13.16	94	
Richmond	2.3	5.4	8.4	11.6	72	
Goals: Ballantyne, Pay	lich 3 D	Disposa	als: Mur	ndv 32		

Marks: McPhee 11Tackles: Pearce 8Subbed in: SubanSubbed out: DawsonMilestone: Fremantle Dockers 400 AFL games



#### ROUND 23 v MELBOURNE Saturday 1 September 2012, 5.40pm Patersons Stadium, crowd 32,687

Fremantle	3.5	7.7	11.14	14.17	101
Melbourne	1.3	2.5	4.8	5.10	40
<i>Goals:</i> Ballantyne 3 <i>Marks:</i> McPhee, Johnso	n 10		: Crowl	еу б	
<i>Subbed in:</i> Sheridan <i>Debut:</i> Tom Sheridan		Subbed	d out: M	lcPharl	lin

Milestone: Garrick Ibbotson 100 AFL games



Fremantle Dockers Football Club





#### **SEMI FINAL v ADELAIDE** Friday 14 September 2012, 8.15pm AAMI Stadium, crowd 31,742

Fremantle	4.1	7.2	8.4	11.5	(71)
Adelaide	1.3	4.7	8.9	12.9	(81)
Goals: Mayno Waltors 3	1	Disnoss	le Mu	ndv 30	)

Goals: Mayne, Walters 3Disposals: Mundy 30Marks: Johnson, McPhee, Barlow 7Tackles: Fyfe, de Boer, Crowley 6Subbed in: SubanSubbed out: IbbotsonMilestones: Nathan Fyfe, Clancee Pearce 50 AFL games

#### 1 FREO RETURN TO THE FINALS AND UPSET REIGNING PREMIERS

IT WAS CONFIRMED after Gold Coast had upset Carlton in round 22, and a day later Freo emphatically overtook North Melbourne into seventh spot with a big win at Etihad Stadium. The club descended onto the MCG in the Elimination Final, ambushing reigning premiers Geelong with an irresistible performance to win by 16 points. A week later, Freo took on Adelaide at AAMI Stadium in a Semi Final. While the 10-point defeat was disappointing, no one could question Freo's effort or the excellent season the club has had in Ross Lyon first year as senior coach. Hopefully, the return to September action this season signifies the beginning of a sustained period of finals actions for the team in purple and its passionate fans.

## **DOCKER TAKES A LOOK AT SOME OF**

#### **3 SONNY'S REDEMPTION**

THERE WAS NO greater feel-good story in 2012 than that of Michael Walters. Banished to his WAFL club Swan Districts in January for failing to meet the physical requirements of playing AFL, 'Son-Son' found his career at the cross-roads. To quote Ross Lyon, after having 'acted his way out of the club' Walters realised how badly he wanted to be an AFL footballer, not just for himself but for his young family. He embarked on a journey of redemption that culminated in an inspiring return to the side in round 16. 'Son-Son' played a match-winning second half against Melbourne at Etihad Stadium, with his leaping, fistpump celebration signifying not only the return of Michael Walters, but a new beginning.

"The only thing that really kept me in football was knowing that I had to support something that's coming, something special" – Walters on the birth of his baby daughter Layla during his stint at Swans.



#### **4 BREAKOUT SEASONS**

FOR ANY CLUB to take the next step, it needs players to stand up and take their games to the next level. At the end of the 2012 season, three players in particular stand out in this category. Matt de Boer was always courageous and tough, but this season he added

a touch of class to his game that saw him go from a serviceable defensive forward into a midfield star. Chris Mayne was another to develop immensely. He transformed from a hard working forward with goal kicking issues into one of the best setshots in the business and the perfect foil to Matthew Pavlich.

The third, and perhaps most remarkable story, is that of Clancee Pearce. Delisted at the end of 2011, he refused to give up and a second chance via the rookie list saw him grow into a valued member of the midfield.

"If they're going to give you a tiny little bit to keep your foot in the door, just give it all you've got" – *Clancee Pearce on his fight to become an AFL player.* 

#### 5 ALL AUSTRALIAN-WORTHY SEASONS

FREMANTLE GREATS Matthew Pavlich and Luke McPharlin added to their ever-growing legacy at the club with seasons as good as any in their careers.

#### **2 THE HUMAN GLOVE**

CHRIS JUDD. Nick Dal Santo. Brett Deledio. Sam Mitchell. James Kelly. Patrick Dangerfield. The list of star midfielders to fall victim to Freo tagger Ryan Crowley just went on and on in 2012 as he enjoyed the best season of his career. In his very first week at the club, Ross Lyon earmarked him for the tagging role. But to be able to run with the AFL's elite, Crowley had to get fitter. A super pre-season saw him shed the kilos and become a crucial component that the team could rely on to get the job done week after week.

"Getting from contest to contest, playing in the midfield, if you're eight kilos lighter, it's going to be easier" – *Crowley on dropping the weight to play as a tagger.*  Fremantle could count on the pair with confidence to always get the job done, whether it was kicking the goals or stopping them. Michael Johnson enjoyed the best season of his career since his brilliant 2006, after Ross Lyon released him to play the half-back role he is so good at. All three of these Freo stalwarts could be worthy of an All Australian jumper for the fine

#### 7 FREO REGAINS CARLTON MID DERBY PRIDE

AFTER LOSING THE first Carlton Mid Derby of 2012 by 48 points, Freo fans could have been excused for thinking they would be waiting a while to get the better of the West Coast Eagles again. They only had to wait 10 rounds because that is all it took for Ross Lyon's men to turn the round 9 loss less for external perceptions. In round 11, Freo showed utter disregard for suggestions of hoodoos by winning at the MCG against Richmond after Sandilands had been subbed off injured in the opening minutes.

"To come to the MCG and win is something that we want to be able to do and we got it done" – *Ross Lyon on the win at the 'G'*.

## THE HIGHLIGHTS OF SEASON 2012...

seasons they've given their club. "With new coaches and a new structure, all I want to do is forget about the past and show the supporters and my family and friends and teammates that I'm still a good AFL player and I've got plenty of years to come" – Michael Johnson before a ball had been bounced in 2012.

#### 6 PREMIERS KNOCKED OFF IN ROUND 1



WITH A NEW COACH and game plan, Fremantle entered the unknown for the round 1 Starlight Purple Haze Game against reigning AFL Premiers Geelong. From the very first bounce, there was no compromise from the team in purple as it stood up to and took every blow the Cats could deliver. In the end, it was a moment of pure ingenuity from Matthew Pavlich that secured an inspiring win. The skipper soccer-volleyed a goal through from 25m out that left the Cats stunned and the Freo fans in jubilation.

"Ross' message at half-time was to stay disciplined, stick to your roles and your structures and we can still get the points" – Matthew Pavlich after the game.



into a 65-point round 19 demolition of the Eagles. None were better than Matthew Pavlich, who booted eight goals in the victory and took home the Ross Glendinning Medal.

"After the last derby we copped a lot of criticism which was warranted, there's been some improvement along the way but we've got plenty to do" – *Ross Lyon after the win*.

#### 8 'HOODOOS' QUASHED

THERE ARE TWO common, externallygenerated, perceptions of the Fremantle Dockers that have floated about the AFL scene for quite some time. One is that the side cannot win

without Aaron Sandilands. The other is that the club struggles at the MCG. While there were statistics to back these claims up in the past, the 2012 Fremantle Dockers, led by Ross Lyon, could not have cared

#### 9 HILLY SENDS THE SAINTS MARCHING

THE MOST BEAUTIFUL sight for any Fremantle supporter is that of Stephen Hill with a football in his hand, clear space in front of him and a trail of opponents left reeling in his wake. While the significant attention he receives doesn't always make this scenario possible, the eyes of the AFL world had the privilege of witnessing it in full flight when Freo hit Etihad Stadium for a Friday night football clash with Ross Lyon's old side St Kilda in round 4. Often Hill's nemesis, star tagger Clinton Jones was reduced to a spectator as the exciting Freo Docker went on daring raid after raid that scythed through the Saints defences and helped Freo to a memorable victory.

"It's something I've been working on, trying to wear them down with my run" - Hill on his effort to break the tags.

#### **10 TRAVEL NOT A FACTOR**

AFTER STRUGGLING on the road in 2011, Fremantle, under Ross Lyon, set the record straight in 2012. The seven away wins were the most in club history and included a first-ever win outside of Perth in a final after a stunning Elimination Final win over Geelong at the MCG. Season 2012 also saw

Freo claim memorable wins over St Kilda and North Melbourne at Etihad Stadium, and Richmond at the MCG. The club will enter 2013 confident in its ability to win anywhere, anytime.‡

# GARRICK IBBOTSON IOO GAMES

GARRICK IBBOTSON REACHED the 100-game milestone in the round 23 win over Melbourne at Patersons Stadium. He enjoyed a solid finish to the season after being dropped earlier in the year for the first Carlton Mid Derby.

Ibbotson won his spot back and doesn't plan on giving it up again any time soon.

"I think it's something I'll use for motivation for the rest of my career," he said. "I didn't enjoy it one bit."

One of the most athletic and quickest players in the squad, the 24-year-old will look to take another step forward in 2013.



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# NATHAN FYFE 50 GAMES

NAT FYFE'S FIRST 50 games for Fremantle have been among the best played by any in the club's 18-year existence. He reached the milestone in Freo's Semi Final against Adelaide at AAMI Stadium, having 19 disposals and kicking a goal on the night. After announcing himself on the AFL scene in 2010 as a promising youngster with high-flying capabilities, Fyfe has now become one of the best contested-ball winning midfielders in the squad. He could have reached the 50-game milestone earlier, if not for a shoulder injury sustained this season. Nevertheless, Fyfe was proud of his achievement. "If you had told me I was playing 50 games in three seasons when I first started I would have taken that any day," he said.

# **CLANCEE PEARCE 50 GAMES**

CLANCEE PEARCE JOINED Nat Fyfe in reaching the 50-game milestone in the Semi Final against Adelaide at AAMI Stadium. While Pearce had a relatively quiet game in a Freo loss, it took nothing away from what has been an amazing rise up the ranks from him in 2012. Delisted at the end of 2011, Pearce wondered if he'd ever play another AFL game, let alone 50. Now his sights are firmly set on continuing to build on the foundations he's set.

# MATTHEW PAVLICH RECORD BREAKER

279 AFL GAMES – Fremantle games record and most games by a WA-based AFL player

558 AFL GOALS – Fremantle goals record and most goals by a WA-based AFL player

AFL LIFE MEMBER after playing his 300th official match in round 16 against Melbourne at Etihad Stadium

"You don't start out playing with the hope of gaining this sort of honour."

- Pavlich on becoming an AFL Life Member

#### Antoni Grover left the game the same way he started – giving everything he had.

# FERCEAND

T ANTONI GROVER'S retirement media conference, his long-time teammate Luke McPharlin was by his side, just as he has been for over a decade in the heart of Freo's defence.

McPharlin spoke about the courage and dedication Grover displayed throughout his 202 AFL games.

"Antoni's always had a huge amount of courage, he always put his head over the ball, he always went back with the flight," he said.

It's perhaps fitting then, that Grover's last act as an AFL footballer evoked every single bit of that courage McPharlin spoke of.

Running back with the flight of the ball in his first game of the season, against the Western Bulldogs at Patersons Stadium in round 15, Grover was crunched in a contest and subbed out injured.

Yes, it ended his game and probably cost him the opportunity to win back his spot in the team.

But Grover wouldn't have done it any other way.

"If I look back on my last contest in AFL football, I'll be sitting there with a smile on my face because I knew I went 100 per cent," he said.

He'd done it no differently from his very first game – way back in 1999 against Sydney at the WACA.

"I think back to my first game and the first contest I was in, I just went as hard as I could at the ball," he said.

"I started the same way and I finished the same way."

The only member of Fremantle's 2012 list to have played in the 90s, Grover arrived at Fremantle as an 18-year-old rookie in 1998 after a fairest and best in the Subiaco colts.

It was that battle to make it onto the senior list that he credits for helping to mould him into a "competitive animal".

"Coming off the rookie list, you've got to be hungry," he said.

"You've been knocked back a bit, you haven't been drafted straight away – you've really got to fight for it." And fight he did, often against the best forwards the game had to throw at him.

Never one to shirk from a battle, Grover's favourite opponents through the years included Aaron Hamill, Fraser Gehrig and Dean Solomon.

"Guys that really like to bang with you," he said.

"I got the opportunity to play on some great players and you win some and you lose some, but I'd like to think I won more than I lost."

#### LEADERSHIP

If you believe McPharlin, Grover can still match it with the best forwards in the AFL.

"He's an enormous competitor," McPharlin said.

"Even to this day I'm sure he could, with ease, come out onto the field with the AFL side and be super competitive."

There have been many highlights along the way for the 32-year-old, who was raised by his mother, Sandra Grover, in Balga.

As well as being the first Indigenous player at the Fremantle Dockers to play 200 games, he says he feels privileged to have played with some of the greatest names in the club's history, some who he now sits alongside as a life member.

"To be a life member of the football club is a significant thing for me," Grover said.

"I've played with some terrific teammates like Shaun McManus and Troy Cook. The blokes I really looked up to first were Shane Parker and Dale Kickett.

"Also Peter Bell and Matthew Pavlich, my captain, I've always looked up to him."

What Grover's humbleness will not allow him to realise is that most of his current teammates now look up to him.

"With his leadership, a lot of the young players look up to him, particularly the Indigenous players," McPharlin said.

McPharlin said it had been an "absolute honour and a privilege" to play alongside Grover. "To walk out with Antoni and play against some of the best forwards, I always walked a bit taller and felt very strong and confident we could get the job done together," he said.

"He's been an absolute stalwart for this football club and he leaves an indelible mark and a legacy that will be remembered."

To understand what football means to him, you only have to see the expression on Grover's face when he attempts to answer how he'll cope without the game.

"It's been a big part of my life," he said.

"I'm not sure how I'm going to feel really. I have to get away from here to really know that.

"Football's tough but it's a great lifestyle. You get to be as fit as you can and your teammates become your close mates. That's what I'll miss most."

#### DISBELIEF

Reflecting on the young man whose journey from humble beginnings led him onto an AFL list and culminated in a 200-game AFL player, Grover just shakes his head in disbelief.

"You dream about those sorts of things at that age, don't you," he said.

"I would have taken one game. "I'm very appreciative to the club

for giving me the opportunity at the beginning.

"At the end of the day, 14 seasons and 200 games of AFL football, I would have taken that."

He thinks the club is well-positioned on and off the field to finally achieve what he has given everything to win – a premiership.

And if, or when, that happens, even though he won't officially be a part of the team, don't think for a second he won't be a Fremantle Docker.

"I'll be the first one there banging down the door trying to get in the change rooms if the boys did go on to win one."

If he bangs as hard as he did to forge a successful AFL career for himself, that MCG door stands no chance.t Story: Costa Kastanis

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# Introducing... Team Freo



EAM FREO IS A group of the club's first year players, co-ordinated by second year player Gavin Roberts. The players work with the Community Goals department and are fundamental in the roll out of 'Welcome to Freo' – a life skills program with a 'football flavour'.

They deliver talks to schoolaged children on a range of topics, including bullying, leadership, social responsibility and living a healthy lifestyle.

There are many benefits for the schools and wider community, but the players also reap many rewards.

First year player Lachie Neale is really enjoying being part of Team Freo in 2012.

"It's been a good learning curve," Neale said.

"Our communication and time management skills have improved and it has helped boost our confidence in public speaking."

#### TALKING FOOTY ASPIRATIONS

Team Freo members Hayden Crozier, Lachie Neale, Alex Forster and Cam Sutcliffe visited talented young footballer Hayden Davis at Royal Perth Hospital in August.

Davis was injured playing in a curtain raiser match at Patersons Stadium before the Carlton Mid Derby. The Secret Harbour footballer got bumped during the second quarter and felt a bit sore in the ribs but continued to play.

It wasn't until well after the game when he went to get some food that he collapsed and had to be attended to by medical staff at the ground. He suffered a lacerated spleen and internal bleeding and if not for the quick work of the medical staff that looked after him things could have been much worse. Crozier said it was a great opportunity to meet Davis in hospital.

"He was pretty badly injured, to see him so upbeat only a few days after the incident was a good sign," Crozier said.

"I'm sure he'll be back out on the footy field kicking goals again soon."  $\ensuremath{\mathbb{t}}$ 

#### FROM THE OUINTILIAN SCHOOL:

MY NAME IS KAILA MILNE and I am one of the mums from the pre-primary class at Quintilian.

I just wanted to drop you a line to thank you for sending down the Team Freo players to Quintilian on Wednesday.

It was a wonderful surprise to hear that a visit had been organised and the kids were very excited.

The players did very well chatting to the kids and were even roped into reading a story on football, which proved to be very amusing for both the kids and the guys.

My son Luc was very star struck but the guys have inspired him to eat his vegetables and fruit and to aim to be a Freo Docker one day. Once again thanks for the visit.











# For five unforgettable days, 16 young men from

For five unforgettable days, 16 young men from around the country received a glimpse into life as an AFL footballer thanks to Freo's Live the Dream program, presented by Decmil Australia.

ROM DAY ONE on Wednesday 18 July, when Freo coach Ross Lyon welcomed the young men to the club, right through to Sunday, when the boys celebrated a win over Greater Western Sydney with their eight player mentors, the Live the Dream participants immersed themselves in the culture of the Fremantle Dockers Football Club.

In between, there were a series of fun and educational team-building exercises designed to help develop important life skills, such as leadership for mentors and mentees alike.

#### MENTORS

Following the GWS win, mentor Michael Johnson summed up what Live the Dream was all about.

He said, while some of the boys could possibly go on to make a career out of footy, others, such as his mentee Samuel Stream, had different dreams in life.

"Samuel's a keen boilermaker. He's going to work hard to finish year 12 and become a boilermaker," he said. "It's great to see the boys come down and get amongst it, and I know the mentors were really keen on helping them achieve their goals.

"Hopefully, the participants have taken as much out of Live the Dream as what me and the other seven mentors have."

#### INVOLVED

Live the Dream could not have happened without the support of Decmil Australia, which covered the cost of the program for the participants.

Decmil Australia managing director Ray Sputore said it was about giving back to the community.

"We're operating and working, and in some cases living, in local communities where we selected these young men," he said.

"We're proud to be involved in this process and we'd like to see the participants get value out of their exposure to the Fremantle Dockers.

"The opportunities and the skills they received will be life changing."  ${\tt t}$ 





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Fremantle Dockers Football Club





# FREMANTLE OCKER

#### Luke McPharlin

"Off the field Daniel Hechter is my label of choice, why not make it yours?"

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# Past and present greats celebrate life membership

OLLOWING THE WIN over Richmond at Patersons Stadium in the club's 400th AFL game on Saturday 18 August, Freo held the annual Founding Members Dinner to celebrate its playing and ex-player life members.

Prior to the function, the esteemed life members and their partners gathered for an intimate dinner before joining the 250-strong crowd in the Bill Walker Room for the event.

The life members in attendance included past greats Peter Bell, Troy Cook and Shaun McManus, along with current stars Matthew Pavlich, Aaron Sandilands, Luke McPharlin and Antoni Grover.

Among the founding members present was Tony Spicca, who has not missed a home game in 17 years.

#### REMINISCING

Along with plenty of reminiscing and dancing, guests were treated to some Peter Bell comedy after the former captain stated he was postponing his radio career for a stint in the modelling industry.

'Belly', as he was affectionately known throughout his career, also revealed that Pavlich was the only teammate to ever call him 'Peter' on the field, and that he'd decided to take the credit for Chris Mayne's incredible goal kicking accuracy this year.

"At the end of last year I decided I'd help Chris Mayne out with his goal kicking from set-shots," Bell joked.

Afterwards, the stars of the past told the audience which current young Freo stars excited them the most.

Cook chose Tendai Mzungu, possibly because of similarities in their hair styles, Bell said it was Nat Fyfe, possibly not because of any similarities in speed and athleticism, while McManus chose a player who possessed similar fighting qualities and character to himself: Matt de Boer.

Pavlich later told members the club was doing everything it could to achieve sustained success for them.

"I can guarantee you we're dotting every 'i' and crossing every 't' to make sure that we're giving ourselves every chance of going out there and representing the club, and our members and supporters, as best we can," he said.

By the time next year's function comes around, there will be another addition to the prestigious group after David Mundy played his 150th game earlier this season. Michael Johnson currently sits on 149 games and, with all things going well, he will play his 150th in round 1 next season and also become eligible for the life membership honour.‡



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# Where have they docked? SCOTT CHISHOLM

One of the most popular and enigmatic players during his 63 games at Freo, Scott Chisolm epitomised the run and carry style of play the club employed in its early existence. *Docker* caught up with the 'Prince of Pockets'.

#### Where are you living these days?

I'm still living in Perth, residing in my little shack I invested in, and, because my children are here, I don't intend on going anywhere.

#### What are you doing for work?

I'm an Aboriginal Island Education Officer. I am teaching the original history of Australian culture to students.

## Tell us why you're passionate about your work.

I would have to say that it is everything. Things that I've learned and being able to pass that on to younger generations.

Teaching is a dream. It's our duty to make sure our boys learn how to become men within the environment they live in.

I'm passionate about teaching students about being professional sportsmen, including health, respect, honesty and good values in life.

I'm also passionate about teaching my culture and closing the gap between white Australians and the Indigenous population.

## Do you have a family - and if so are they Freo fans?

Yes I do. My children Daniel and Ambrose Sarsha, are both Freo fans.

We are not allowed to say West Coast or any other team's name in my house!

## What did you do after you retired from football?

I graduated as an APLO (Aboriginal Police Liaison Officer) and then I became a full-time dad.

## Did you play footy after you left the AFL and do you still play?

Yes, I played at South Fremantle under Peter Sumich, after he hunted me down to play for a year. I gave him and the club my last days of elite football. I don't play football anymore though. I teach my skills to the younger generations by coaching the Super 9s at Attadale JFC.



#### How do you think the role of the back pocket has changed since you played?

The role will always be the same, your job is to beat your opponent. Spoil, tackle, make three or four efforts, support your teammates and stop anyone.

My secret was to 'feel the force' and take no prisoners.

## What do you miss the most about playing AFL?

I miss feeling sore all week after a game. I miss putting on my Superman jersey number 13, and I also miss seeing the delight in fans after a win. **Do you still keep in touch with any** of the guys you played with?

Not like the good old days. I am a quiet achiever these days speaking highly of AFL. On a few occasions we bump into each other at functions or when we are playing veterans footy. Go the Old Salts!

#### What is your most cherished memory from your time at Freo?

Jogging out onto the MCG in 1995 for the birth of the Fremantle Dockers. Also, getting the ball and hearing our fans roar, which always spurred me on. **Do you still keep an eye on the Freo Dockers today? Which player do you like watching?** 

My heart will forever be a Freo Docker and I love watching the team dominate. I particularly like watching Luke McPharlin, Michael Johnson and Stephen Hill.‡





# WELCOME TO THE PURPLE PATCH!

We asked our supporters to email us photos for 'The Purple Patch' at **purplepatch@fremantlefc.com.au** and we have received some fantastic shots! Here are some of the great entries sent for this edition of *Docker*.



ICING ON THE CAKE Hamish Matthews got the best surprise ever when his sister Ruby presented him with the cake she made him for his eighth birthday. Hamish is a Dockers fanatic and just can't get enough purple in his life... so the addition of the purple logo really was the icing on the cake! Jenny Matthews, Applecross



THE GRASS IS GREENER ON THE DOCKERS SIDE My brother recently mowed his lawn and as you can see he got rather creative with his mowing to support his favourite team! Matt McLean, Ascot Vale, Melbourne



#### **FREO GOES HOLLYWOOD**

I travelled to Los Angeles at the start of the season. While seeing all the sights, I kept Freo in the back of my mind hoping they were getting business done back home. Sean Cooper, Karrinyup



#### STUDENTS TAKE FREO TO TANZANIA

Presbyterian Ladies' College and Scotch College students have recently returned from a tour in Tanzania where they helped build a school resource centre and distributed Freo footies donated by the club's Community Goals team.

The students raised more than \$20,000 to fund the building project for a school in the remote village of Matipwili, Tanzania.

Docker was very impressed by the efforts of these students. Presbyterian Ladies' College, Peppermint Grove



## WRITING'S ON THE WALL

Here is my 13-year-old son Harley next to his new feature wall in his bedroom. Most passionate paint job I've ever done! Troy Smith, Aubin Grove



#### AUSSIE CULTURE HITS SOUTH KOREA

You can't get better than being at Yeosu, South Korea World Expo in front of the Australian stand eating a pie. My son and I cheered Freo on all the way from South Korea. Dean Knowles, Ulsan, South Korea



#### ON THE SAME PURPLE PAIGE...

All the stars aligned in 2012... a star coach, Pav the superstar and a new star recruit, me!

This was me cheering on Freo in the final against Geelong – proud to be purple! Paige Stockden, Innaloo



#### **FREO GUARDIANS**

Our daughter Jessica was born 10 weeks early but right from the start she had her little Freo Docker bear watching over her in the NICU. She loves wearing purple and watching the game with her dad. She even made it to her first game for the round 15 match against the Western Bulldogs. Luke and Ayesha Smith, Palmyra



#### **PURPLE ARMY**

Here are my two boys Julian and Sebastian (centre) with their school mates Sammy and Kai getting ready to watch a Freo Dockers game. They all play Auskick for **Bullcreek Leeming Junior** Football Club and love their footy.

They came over for a play date and ended up sleeping the night after watching the Freo Dockers on TV.

Lisa Dube, Bullcreek



**DERBY DRESS UPS** Here is my two-year-old son Ethan, on his way to his daycare derby day dress up. We love Freo, so I went a little out of my way to dress him up.

For Ethan everything is football, football, football! He even sleeps with his footy and in his Freo clothes. I have difficulties getting them off him to wash them, as he thinks he looks like a Freo Docker when he has them on. Alison Ludlow, Huntingdale



#### ASPIRING AUSKICKER

This is our son Liam at three weeks of age dressed up in all his Freo Dockers' gear. He couldn't wait to go to his first game with his Mum and Dad who have been members for six years. Fingers crossed he's out there playing for Freo in 20 years time.

Lisa Seaward, Canning Vale



#### JOHNNY AND JENNY SPOTTED **ON HOLIDAYS**

My grandsons Ari, 11, and Oliver, four, have both been interstate members since they were born. They live in Yeppoon, Queensland which is a nine hour drive up from Brisbane. This year they headed to Metricon Stadium for the Gold Coast game and got to meet up with Johnny and Jenny Docker. Kim Miles (Nan), Port Melbourne

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# Join us for the inaugural Freo Fun Run

#### We want the Purple Army out in force to help raise funds for Redkite.

HE CLUB IS forming a 'TEAM FREO' for the inaugural Freo Fun Run and all Fremantle Dockers members will receive 10 per cent off their entry fee! Simply enter the promo code **PURPLEHAZE476** during the registration process.

Freo ruckman Aaron Sandilands, former Australian cricketer Adam Gilchrist and Channel 10 newsreader Narelda Jacobs are officially on board as ambassadors for the event to be held on Sunday 11 November, 2012. Registrations are now open and the Fremantle



Dockers would like to encourage fans to take part, wear lots of purple on the day and help raise funds for one of our principal charity partners, REDKITE. This new event offers two courses and participants have the option to run or walk the 4km or 10km distances, which feature prominent locations throughout the vibrant Fremantle area.

Ambassador Adam Gilchrist said he was looking forward to dusting off his joggers and getting involved with his family and friends.

"The event gives the community the opportunity to not only get outside, get fit and have fun, but to also do their best in fundraising to help charities to do the important work in our communities," he said. The carnival atmosphere and giveaways at the finish precinct will offer the perfect chance for participants and spectators to enjoy a fun filled Sunday with family and friends.

To register for the event, visit www.freofunrun.com.au and join TEAM FREO! Make sure you enter the promo code **PURPLEHAZE476** to receive 10 per cent off your entry fee.

To make a donation to TEAM FREO UNITE FOR REDKITE please visit our Everyday Hero page: fundraisingfremantlefunrun. com.au/team\_freo\_unite\_ for\_redkitet

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#### MADE OF ENHANCED FIT AND STABILITY THE GEL-LETHAL ULTIMATE IGS 8 Traditionally renown for support and stability, the GEL-Lethal Ultimate IGS 8 now also delivers an enhanced heel fit through our new Clutch Collar system. The heel counter has been replaced with a lined inner fit sleeve for superior rearfoot fit and comfort. The weight of the boot has been significantly reduced through a new super light upper material and the Solyte copolymer outsole. Combined with our 10mm heel gradient technology to reduce stress on lower limbs, the Gel -Lethal Ultimate IGS 8 is the boot of choice for players who require stability and performance. Available in multiple colours and junior models. 0/as(ç find us - f facebook.com/ASICSaustralia LEARN MORE ABOUT THE GEL-LETHAL ULTIMATE IGS 8 follow us - 🕒 twitter.com/ASICSaustralia AT ASICS.COM.AU Fremantle Dockers Football Club fremantlefc.com.au DOCKER September 2012

# Pav and Sandi lend a hand



ONSTABLE Care was an important inclusion at the 2012 Fremantle Dockers School Holiday Program in July this season.

The Maylands 'MVP' is the first to admit he won't be the first draft pick, but that didn't stop him from having fun on the footy field. Freo favourite Matt de Boer helped out with handball training and Constable Care was put through his paces by some of the 600 enthusiastic children who attended.

As well as hitting the training stations with their footy heroes, the kids were able to take a break and watch a Constable Care show unlike any they had seen before. Performers Paul and Kat, with puppets Andrea, Timmy, Zac and Tegan, had some help from Matthew Pavlich and Constable Care ambassador Aaron Sandilands for two exclusive performances of 'The New Girl'. The antibullying theme was brought to life by Sandilands and Pavlich's 'Q&A' sessions and their real-life examples of what bullying is and how to avoid it.

#### **NEW DIMENSION**

Constable Care's partnership with the Fremantle Dockers has provided hundreds of children with the chance to hear from their sporting heroes about keeping safe. The involvement of role models like 'Sandi' and 'Pav' adds a new dimension to Constable Care's child safety education. Check out Constable Care on Facebook and Twitter for pictures of the Freo stars with Constable Care, and visit www.constablecare.org.au to sign up for the monthly newsletter.‡



#### **FREO'S REDKITE TEAM**

TENDAI MZUNGU HAS JOINED Nick Suban and Ryan Crowley as an ambassador for club principal charity partner Redkite.

Mzungu joined the boys in August for his first visit to PMH and said it was a rewarding afternoon.

"To spend an afternoon with such brave and positive kids was really fulfilling," Mzungu said.

"Making them smile and taking them away from their obvious

struggles for a few moments was priceless."

Mzungu's new role will see him make regular visits with Redkite to various Perth hospitals to spend time with children and young adults undergoing treatment for cancer.

The three Freo players were more than happy to take time out from training schedules to say hello to the children on ward 3B at PMH.

Redkite are an organisation committed to offering real support to families of children and young adults living with cancer, during what can be very difficult times.

# **2012 Bravery Awards**



HE FREMANTLE Dockers, in partnership with the South Metropolitan Area Health Service, recognised 11 young West Australians on Thursday 5 July at the 18th annual Bravery Awards ceremony.

Fremantle's newest recruits presented the remarkable stories of young patients who had shown great courage on the wards of Fremantle Hospital, Rockingham General Hospital, Royal Perth Hospital or Armadale-Kelmscott Memorial Hospital.

From four-year-old Riley Lannon-Heedes, who hospital staff referred to as a 'frequent flyer' after being admitted 12 times in four years, to 17-year-old Carl-Akira Fujinami whose family holiday to WA turned into a permanent relocation from Japan after a day in the surf at Cottesloe Beach resulted in him becoming a tetraplegic. There were stories that amazed and inspired.

Fremantle's first-year players Lee Spurr, Lachie Neale, Tom Sheridan, Cam Sutcliffe, Sam Menegola, Jordan WilsonKing, Alex Forster and Haiden Schloithe shared the stories of their bravery. Neale and Spurr were both very moved by the experience.

"It was definitely a day where you were brought back to reality," Neale said. "You have a bad session

or an injury and you think you've got it bad," added Spurr.

"These kids are in and out of hospital, some of them for years, some for the rest of their lives.

"It really puts it into perspective."  $\ddagger$ 









Valid at all WA Hoyts Cinemas. Not valid for La Premiere, Bean Bag Ciner IMAX, Xtremescreen, Special Events, 3D, online or mobile ticketing. Maximum of one ticket per card, per member, per day. Current members card must be presented at time of purchase. This offer



#### Hi kids,

I can't believe how quickly the end of the season has come around! I have enjoyed going to every game and seeing you all there dressed in purple cheering the team on. I'm going to take a little holiday now before I start pre-season training in November. I want to stay fit and healthy so I can run around and see you all next year at every home game.

Don't forget about the Junior Christmas party, on Saturday 8 December. Hope to see you all there.

Catch you on the flipside! Johnny







Kouna

WELL DONE to everyone who participated in the guard of honour at our round 23 game against Melbourne. Everyone cheered loudly and waved their flags proudly as the team ran onto Patersons Stadium

Guard

These lucky kids were selected for their great entries in the KidZone 'Passion Banner' competition. Michael Barlow checked out the cool banners and helped select the winners.

Keep an eye on fremantlefc.com.au/ kidzone during the off-season for more fun competitions.







#### **CONSTABLE CARE SAYS**

Well done kids, on a season full of cheer Stay safe over the summer And I'll see you next year!



# THANK YOU, MEMBERS

for your support, passion and loyalty during the 2012 season.

There is nothing like the sight and sound of true Fremantle Docker fans, and none better than those of our members.

We look forward to seeing you back in purple in 2013.







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