



✂ Use your scissors
to cut around the
lunchbox shape



Fold here ↓



**EVERY HEALTHY
HEART BEATS TRUE!**



 Use your scissors to cut around the lunchbox shape

Create your own lunchbox!
Draw your favourite healthy lunch below.

ONLY EAT SOMETIMES AND IN SMALL AMOUNTS



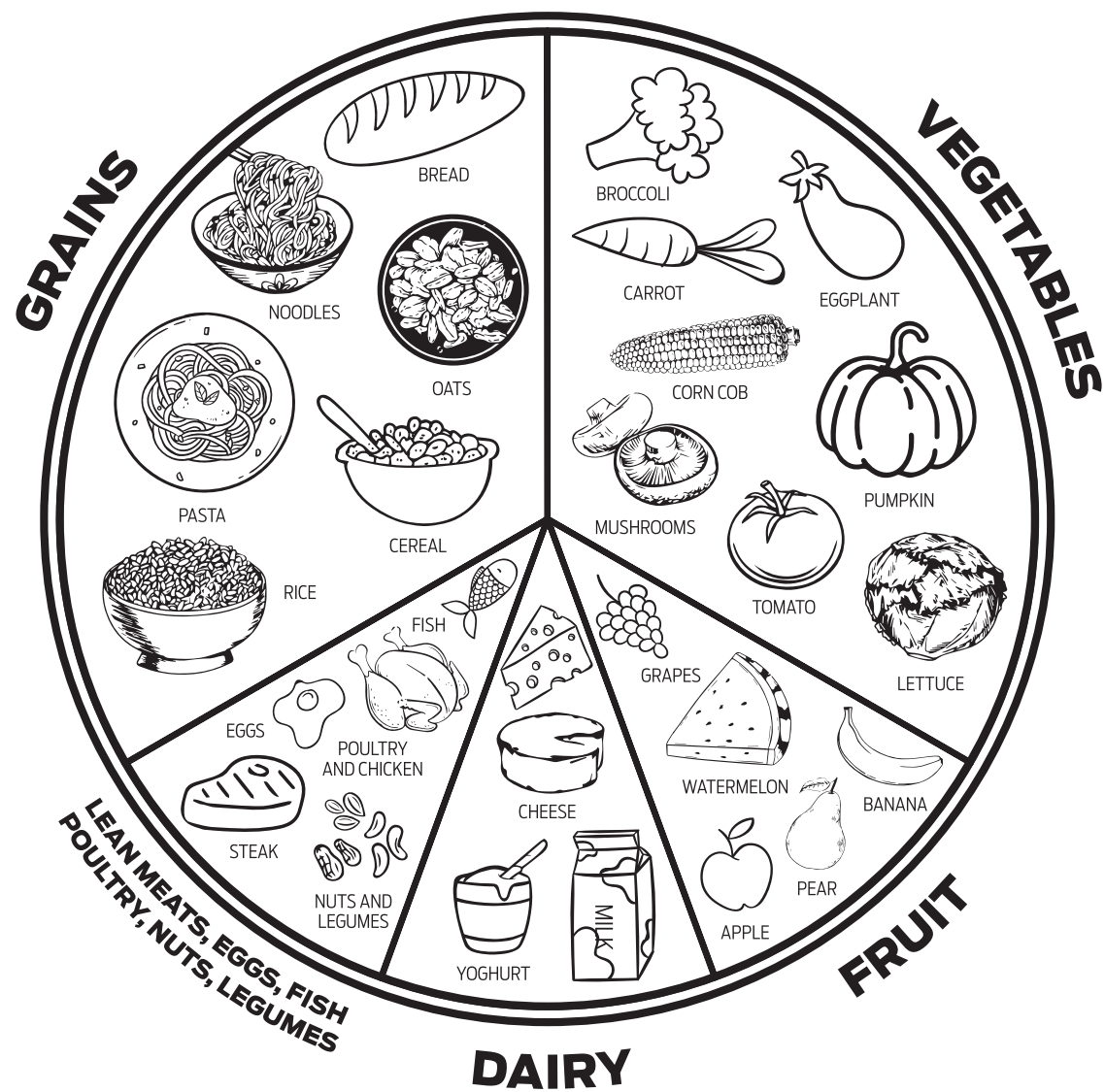
POTATO CHIPS



CUPCAKE



LOLLIES



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